

MEDALISTS AND REPRESENTATIVES

STATE TRACK AND FIELD CHAMPIONSHIPS & STATE CROSS COUNTRY CHAMPIONSHIPS

The Medalists portion of this document is up to date but the Representatives section is a work in progress. If you have any information that would help us complete this section or would like to help recreate it from LANSW archives, please email twlahistorian@gmail.com.

Medalists – By Year

YEAR	NAME	MEDAL	EVENT
1986	Michael Greisser	Bronze	9 Boys 60m Hurdles
1990	Michael Greisser	Silver	13 Boys Discus
	Michael Hawkins	Bronze	10 Boys High Jump
1991	Bradley Small	Silver	8 Boys Cross Country
	Michael Greisser	Bronze	14 Boys Shot Put
		Bronze	14 Boys Long Jump
1992	Bradley Small	Silver	9 Boys Cross Country
	Jonathan Small	Bronze	7 Boys Cross Country
1993	Bradley Small	Silver	10 Boys 1500m
		Bronze	10 Boys Cross Country
	Jonathan Small	Bronze	8 Boys Cross Country
1994	Bradley Small	Silver	11 Boys Cross Country
		Bronze	11 Boys 1500m
	Chris Brown	Silver	9 Boys Discus
	Matthew Biggins	Bronze	11 Boys 200m
1995	Michelle O'Connor	Gold	10 Girls 200m
		Silver	10 Girls 100m
	Chris Brown	Silver	10 Boys Shot Put
	Bradley Small	Bronze	12 Boys 1500m
	Jonathan Small	Bronze	10 Boys 1500m
1996	Jonathan Small	Gold	11 Boys 1500m
		Silver	11 Boys Cross Country
	Chris Brown	Gold	11 Boys Discus
		Bronze	11 Boys Shot Put
	Amanda Sherringham	Silver	12 Girls 1500m Walk
1997	Michelle O'Connor	Silver	12 Girls 100m
1998	Mitchell Knox / Ryan Hardey / Owen Martin / Simon Leahy	Gold	Junior Boys 4 x 100m relay
	Janessa Riach-Constantine	Gold	15 Girls Javelin
	Robert Blackley	Silver	14 Boys 400m
		Bronze	14 Boys 200m Hurdles
	Jade Roughan	Bronze	9 Girls 70m
	Brad Warner	Bronze	9 Girls 100m
	Bronze	14 Boys 800m	

	Simon Leahy	Bronze	9 Boys 60m Hurdles
1999	Molly Lewis Victoria Wilcox Owen Martin Jade Roughan Virginia Ball	Gold Bronze Bronze Bronze Bronze	9 Girls High Jump 14 Girls Shot Put 12 Boys 100m 10 Girls High Jump 10 Girls 60m Hurdles
2000	Matthew Boreland Hayden Dyer Lauren Palmer Tom Paavola Owen Martin Virginia Ball	Gold Gold Silver Silver Bronze Silver Bronze Bronze	10 Boys 60m Hurdles 9 Boys High Jump 15 Girls 1500m 15 Girls 3km Cross Country 15 Girls 3000m 9 Boys 400m 13 Boys 200m 11 Girls 60m Hurdles
2001	Owen Martin Tom Paavola Virginia Ball Nick Freeman Tom Mutch	Gold (AU Record) Gold Gold Silver Bronze Bronze	14 Boys 200m 14 Boys 100m 10 Boys 400m 10 Boys 200m 12 Girls 60m Hurdles 14 Boys 1500m 14 Boys Shot Put
2002	Owen Martin Virginia Ball Lisa Syme Tom Paavola Daniel Aguirre Tom Mutch	Gold Gold Silver Silver Silver Silver Bronze	15 Boys 100m 15 Boys 200m 13 Girls 80m Hurdles 13 Girls 200m Hurdles 11 Boys 400m 9 Boys Shot Put 15 Boys Shot Put
2003	Tom Paavola Jade Roughan Virginia Ball	Silver Bronze Bronze	12 Boys 400m 14 Girls 200m 14 Girls 80m Hurdles
2004	Warwick Whitmore Donnica Clarke Kaitlin Murphy Tom Paavola Tom Paavola / Mark O'Dare / Warrick Whitmore / Chris Dodd	Gold Gold Silver Silver Bronze Bronze	14 Boys 400m 14 Boys 800m 13 Girls 100m 13 Girls 3000m 14 Boys 400m Senior Boys 4 x 100m Relay
2005	Warwick Whitmore Kaitlin Murphy Bianca Mould Tommy Robinson	Gold Gold Silver Bronze	15 Boys 400m 14 Girls 1500m 9 Girls 70m 13 Boys 100m
2006	Jack Collett	Gold	9 Boys 800m

	Sam Collett Danielle Bradbury Kaitlin Murphy Bianca Mould	Gold Gold Silver Bronze Bronze Bronze Bronze Bronze	9 Boys Cross Country 7 Boys Cross Country 14 Girls 100m 14 Girls 200m 15 Girls 800m 15 Girls 1500m 10 Girls 100m 10 Girls 60m Hurdles
2007	Jack Collett Tommy Robinson	Gold Gold Gold	10 Boys 800m 10 Boys 1500m 15 Boys 200m Hurdles
2019	Izabella Dunne	Silver	14 Girls 1500m Walk
2021	Ava Simos	Silver	15 Girls 100m
2022	Lakin Barber	Bronze	9 Boys 800m

Representatives – By Year

YEAR	NUMBER	NAME(S) AND EVENTS
1988	7	J. Smith, A. Clark, F. Favetta, D. Currie, B. Halon, C. Myers, S. Hooper
1990	3	Acushla Munday, Michael Hawkins, Michael Greisser
1991	8	Anthony Small, Chris Hickman, Gavin Alexander, Ben Munday, Stephan Coady, Michael Greisser, Acushla Munday, Leanne Roberts
1992	10	Stacy Reed, Melissa Sherringham, Kristy Ryan, Bradley Small, James Latham, Sam Fortey, Michael Hickman, Karl Reynolds, Ben Munday, Michael Greisser
1993	10	Amanda Sherringham, Jessie Keaveney, Melissa Sherringham, Kristy Ryan, Bradley Small, Cal Roper, Sam Fortey, James Latham, Christopher Dmitrieff, Ben Munday
1994	7	Christopher Brown, Matthew Biggins, Bradley Small, Cal Roper, Sam Fortey, James Lathan, Amanda Sherringham
1995	13	Rebecca Daly, Michelle O'Connor, Amanda Sherringham, Amy Nelson, Anastasia Comninos, Jonathan Small, Christopher Brown, Cameron Beaton, Matthew Biggins, Timothy Elbra, Scott McKeon, Bradley Small, Cal Roper
1996	10	Chris Brown (U11B Discus, Shot Put), Peter Waters (U15B 100m), Geoff Wilkin (U14B Javelin), James Latham (U14B Javelin), Janessa Riach (U13G Javelin), Bradley Small (U13B 1500), Amanda Sherringham (U12G 1500m Walk), Jonathan Small (U11B 1500m), Maree Brown (U10G Shot Put), Brodie Buchal U9B High Jump)
1997	15	Robert Blackley (U13B 200m, 200m Hurdles), Michelle O'Connor (U12G 100m, 200m), Adam Bird (U11B 100m, 200m), James Latham (U15B Javelin), Janessa Riach Constantine (U14G Javelin), Scott McKeon (U14B 800m), Amanda Sherringham (U13G 1500m Walk), Victoria Wilcox (U12G 400m), Kim MCMinimee (U12G 800m), Chris Brown (U12B Discus), Jonathan Small (U12B 1500m), Rebecca Daly

		(U11G High Jump), Brodie Buchal (U10B High Jump), Mitchell Knox (U9B Discus, Shot Put), Nicholas Buscombe (U9B 200m)
1998	22	Robert Blackley (U14B 200m, 200m Hurdles, 400m, 100m), Jade Roughan (U9G 70m, 100m, high jump, long jump), Victoria Wilcox (U14G Discus, Javelin, 400m), Brad Warner (U14B 800m, 1500m, triple jump), Owen Martin (4x100m Jr relay, U11B 100m), Mitchell Knox (4x100m Jr relay, U10B long jump, discus), Simon Leahy (4x100m Jr relay, U9B 100m, 60m Hurdles), Scott McKeon (U15B 400m, 800m), Michelle O'Connor (U13G 100m, Long Jump), Kim McMinimee (U13G 800m, 1500m), Chris Brown (U13B Discus, Shot Put), Jonathan Small (U13B 1500m, 3000m), Cameron Watson (U9B long jump, high jump), Janessa Riach-Constantine (U15G Javelin), Ryan Hardey (4x100m Jr relay), Michael Lee (U14B 90m Hurdles), Lauren Palmer (U13G 3000m), Rebecca Daly (U12G High Jump), Joshua Veale (U10B 400m), Nicholas Buscombe (U10B 200m), Aristides Comminos (U10B 1100m Walk), Justin Sopp (U9B 70m)
1999	18	Robert Blackley (U15B 100m, 200m long jump), Brad Warner (U15B 800m, 1500m High Jump), Lauren Palmer (U14G 3000m, 1500m, 800m), Jade Roughan (U10G High Jump, Long Jump, Discus), Owen Martin (U12B 100m, 200m), Justin Sopp (U10B 70m, long jump), Shane Clews (U15B 800m), Michelle O'Connor (U14G 100m), Victoria Wilcox (U14G Shot Put), Chris Brown (U14B Discus), Carly Bright (U13G Shot Put), Tom Mutch (U12B Shot Put), Jason Roxburgh (U12B 1500m), Virginia Ball (U10G 60m Hurdles), Simon Leahy (U10B 60m Hurdles), Cameron Watson (U10B High Jump), Molly Lewis (U9G High Jump), Tiffany Massey (U9G 100m), Elizabeth Walker (U9G 800m)
2000	25	Lauren Palmer (U15G 800m, 1500m, Cross Country, 3000m), Matthew Boreland (U10B 60m hurdles, 70m, 100m), Tom Paavola (U9B 70m, 200m, 400m), Owen Martin (U13B 100m, 200m), Nick Freeman (U13B 1500m, 3000m), Victoria Wilcox (U15G Shot Put), Michelle O'Connor (U15G 100m), Chris Brown (U15B Discus), Carly Bright (U14G Shot Put), Daniel Laczkowski (U14B Long Jump), Brad Kinna (U14B 800m), John McKella (U13B 400m), Virginia Ball (U11G 60m hurdles), Jade Roughan (U11G 200m), Justin Sopp (U11B Long Jump), Simon Leahy (U11B 60m Hurdles), Eric Koelma (U11B Triple Jump), Molly Lewis (U10G High Jump), Warrick Whitmore (U10B 400m), Blake Davey (U10B 60m Hurdles), Alyce Donoghue (U9G 60m Hurdles), Katherine Kinna (U9G Shot Put), Melissa Payne (U9G High Jump), Hayden Dyer (U9B High Jump), Timothy Giffin (U9B 400m)
2001	13	Tom Paavola (U10B 70m, 100m, 200m, 400m), Nick Freeman (U14B 800m, 1500m, 3000m), Owen Martin (U14B 100m, 200m), Tom Mutch (U14B Shot Put, Discus), Kate Mitchell (U11G Discus, High Jump), Katherine Kinna (U10G Discus, Shot Put), Carly Bright (U15G Shot Put), Rebecca Daly (U15G Javelin), Jeremy Simpson (U14B 100m), Emma Pracy (U14G 1500m), Virginia Ball (U12G 60m Hurdles), Mathew Boreland (U12B 60m Hurdles), Tim Giffin (U10B 400m),

2002	19	Chris Dodd (U13B 200m Hurdles, 80m Hurdles, Triple Jump), Owen Martin (U15B 100m, 200m), Tom Mutch (U15B Shot Put, Discus), Ari Comminos (U14B Discus, 1500m Walk), Matthew Boreland (U12B 60m Hurdles, 200m), Tom Paavola (U11B 200m, 400m), Mark O'Dare (U10B 70m, 200m), Daniel Aguirre (U9B Shot Put, Discus), Nick Freeman (U15B 800m), Daniel Luongo (U15B Shot Put), Lisa Syme (U13G 200m Hurdles), Virginia Ball (U13G 80m Hurdles), Tahlia Bohadana (U13G 200m), Kate Mitchell (U12G Shot Put), Tim Giffin (U11B 400m), Patricia Aguirre (U10G Shot Put), Kyle Bicket (U10B High Jump), Isabel Ball (U9G 60m Hurdles), Jacob Veale (U9B 800m)
2003	21	Chris Dodd (U14B Triple Jump, Long Jump, 90m Hurdles, 200m Hurdles), Warrick Whitmore (U13B 400m, 800m, 1500m), Tom Paavola (U12B 100m, 200m and 400m), Virginia Ball (U14G 80m hurdles and 200m hurdles), Jade Roughan (U14G 100m, 200m), Lisa Syme (U14G 200m hurdles, 800m), Karl Freeman (U13B 200m hurdles, 400m), Kate Mitchell (U13G 200m hurdles, shot put), Mark O'Dare (U11B 100m, 200m), Patricia Aguirre-Acevedo (U11G Shot Put, Discus), Danielle Aguirre-Acevedo (U10B Shot Put, Discus), Mitchell Knox (U15B Long Jump), Ellen Patterson (U15 Girls Javelin), Aiden Cranney (U12B High Jump), Kaitlyn Murphy (U12G 1500m), Nicole Bury (U11G Discus), Rachelle Pengilley (U11G 400m), Jacob Veale (U10B 1500m), Aaron Vassilopoulos (U10B High Jump), Isabel Ball (U10G 200m), Luke Bury (U9B Discus)
2012	1	Tom Boaler (U10B 1500m)
2013	4	Melissa Hopkins (17G 200m and High Jump), Jasmyn Garrick (U13G 300m), Jake Stojanovic (U12B 1500m Walk), Tom Boaler (U11B 1500m)
2014	1	Jasmyn Garrick (U14G 1500m and 3000m)
2015	2	Ava Simos (U9G 70m and 60m Hurdles), James Fleming (U9B 70m)
2016	2	Ava Simos (U10G 70m, 100m and 60m Hurdles), James Fleming (U10B 70m)
2017	9	Talon Woodward (U13B 800m, 1500m and 3000m), Jasmyn Garrick (U17G 800m and 1500m), Elfie Piper (U9B 400m and 800m), Jaime Sheary (U14G 1500m), Imogen Ryan (U11G Shot Put), Maya Dillon (U11G 1500m), Annie Lowbridge (U10G 400m), Mia Smyth (U10G 1500m), Jahriah Ugri (U10B 1500m)
2018	9	Ava Simos (U12G 100m, 200m and 60m Hurdles), Layla Pace (U9G 100m, 200m and 400m), India-Rose Barnett (U13G High Jump), Liliya Tatarinoff (U12G 400m), Annie Lowbridge (U11G 200m), Matilda Young (U11G 100m), Jahriah Ugri (U11B 1500m), Tyla Channells (U9G 800m), Jimmy Johnston (U9B Long Jump)
2019	8	Ava Simos (U13G 100m, 200m, 80m and 200m Hurdles and Long Jump), Izabella Dunne (U14G 1500m, 1500m Walk), Adhieu Bior-Black (U13G 200m and 400m), Tyla Channells (U10G 400m and 800m), Jasmine Freers (U10G 70m and 100m), Lindsay Hallam (U13G 80m)

		Hurdles), Felicity Ruzek (U11G 60m Hurdles), Layla Pace (U10G 60m Hurdles)
2020*	9	Ava Simos (U14G 100m, 80m Hurdles, 200m Hurdles and Long Jump), Kara Tobey (U10G 100m, 400m and Long Jump), Hugh Argent (U11B Shot Put and Long Jump), Izabella Dunne (U15G 1500m Walk), Jess Stone (U14G 200m Hurdles), Olivia Falconi (U13G 3000m), Emily Falconi (U11G 1500m), Ethan Lee (U9B 70m), Harry Lowbridge (U9B 200m)
2021	9	Hugh Argent (U12B HJ, Discus, SP), Ava Simos (U15G 100m, 90m hurdles), Kara Tobey (U11G 100m, LJ), Faith Booth (U9G 400m, 800), Lucas Hall (U14B Discus), Jimmy Johnston (U12B LJ), Scarlett Booth (U11G 80m hurdles), Tobias Gray (U11B HJ), Emmy Clark (U9 Discus, SP)
2021	8	Kara Tobey (U12G 100m, 80m Hurdles, HJ), Alori-Joh Akamarmoi (U9G 70m, 100m, 200m), Jesse Masters (U14B 100m, LJ), Emmy Clark (U10G Discus, SP), Faith Booth (U10G 400m, 800m), Jake Sullivan (U10B Discus, SP), Lakin Barber (U9B 200m, 400m), Tobias Gray (U12B HJ)

*Our state representatives did not compete this year due to cancellation of the event during the COVID-19 pandemic.