

Competition Events Contested by Age Group

The following events are contested over the course of our three-week rotation program.

U6

50m, 70m, 100m, 200m, Long Jump, Discus, Shot Put

U7

50m, 70m, 100m, 200m, 500m, Long Jump, Discus, Shot Put

U8

70m, 100m, 200m, 400m, 700m, 60m Hurdles, Long Jump, Discus, Shot Put

U9

70m, 100m, 200m, 400m, 800m, 60m Hurdles, Long Jump, High Jump (scissors), Discus, Shot Put

U10

70m, 100m, 200m, 400m, 800m, 60m Hurdles, Long Jump, High Jump (scissors), Discus, Shot Put

U11

100m, 200m, 400m, 800m, 1500m, 80m Hurdles, Long Jump, High Jump, Discus, Shot Put

U12

100m, 200m, 400m, 800m, 1500m, 80m Hurdles, Long Jump, High Jump, Triple Jump, Discus, Shot Put

U13

100m, 200m, 400m, 800m, 1500m, 3000m, 80m Hurdles, 200m Hurdles, Long Jump, High Jump, Triple Jump, Discus, Shot Put

U14

100m, 200m, 400m, 800m, 1500m, 3000m, 80m Hurdles(G)/90m Hurdles(B), 200m Hurdles, Long Jump, High Jump, Triple Jump, Discus, Shot Put

U15

100m, 200m, 400m, 800m, 1500m, 3000m, 90m Hurdles(G)/100m Hurdles(B), 300m Hurdles, Long Jump, High Jump, Triple Jump, Discus, Shot Put

U17

100m, 200m, 400m, 800m, 1500m, 3000m, 100m Hurdles(G)/110m Hurdles(B), 300m Hurdles, Long Jump, High Jump, Triple Jump, Discus, Shot Put